National Diabetes Prevention Program
Community Classes

Banner County School District
Lifestyle Coach: Marie Parker
Serves: Banner County

Bayard Public Schools
Lifestyle Coach: Cheri Scott
Serves: Morrill County (Bayard)

Box Butte General Hospital
Lifestyle Coach: Dan Newhoff, Kristin Kesterson, Barbara Quinn
Serves: Box Butte County (Alliance)

Kimball Health Services
Lifestyle Coach: Stacy Lonsdale
Serves: Kimball County (Kimball)

Morrill County Hospital Clinic
Lifestyle Coach: Cheri Farris
Serves: Morrill County (Bridgeport)

Nebraska Extension
Lifestyle Coach: Jamie Goffena
Serves: Sheridan County (Gordon)

Panhandle Public Health District
Lifestyle Coach: Janelle Hansen
Serves: Box Butte County (Hemingford)

Regional West Medical Center
Lifestyle Coach: Ellen Burbank
Serves: Scotts Bluff Count (Scottsbluff)

Sidney Regional Medical Center
Lifestyle Coach: Tammy Meier, Melissa Williford
Serves: Cheyenne (Sidney)

Volunteers of America-Western Nebraska
Lifestyle Coach: Rose Brassfield
Serves: Garden and Deuel Counties

Western Community Health Resources
Lifestyle Coach: Amy Bond
Serves: Dawes (Chadron and Crawford) and Sioux Counties

Classes typically start in the Fall (September-October) and Spring (January-March).
Refer patients using the Lifestyle Change Program Fax Referral Form or contact Panhandle Public Health District with additional questions.

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