

Healthy Families America Works

The benefits are **proven, significant, and impact** a wide range of child and family outcomes.

How does Healthy Families America Improve Outcomes?

Reduction in Child Maltreatment.

Studies have found maltreatment in HFA families to be much lower than the national average of 4.7%, in some cases it is as low as 0%.

Decrease in Low Birth Weights.

HFA babies have fewer birth complications and higher birth weights than comparison groups.

Increased Frequency of Breast-feeding.

HFA mothers breast-feed significantly longer than comparison groups.

Enhanced Child Development Knowledge.

HFA parents report 87% improvement in knowledge of infant care.

Linkages to Medical Home.

HFA facilitates access to preventative and routine health care including immunizations and well-baby check-ups.

Who does Healthy Families America Serve?

Healthy Families America serves families of all cultures and income levels and has over two decades of evidence-based, proven results in over 400 communities across the US and Canada. We connect with families through hospitals, health care providers, and community organizations.

How does Healthy Families America Assure Quality Services?

HFA-Nebraska Panhandle is managed by a Registered Nurse. All staff receive highly specialized training upon employment and on an on-going basis to assure fidelity of the program is maintained. HFA site accreditation is granted to sites based upon a stringent set of 12 critical elements founded in 20 years of research. The process involves an in-depth examination of each site's operation, as well as the quality of the home visit services being provided.



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The American Academy of Pediatrics Formal Policy Statement on Home Visitations:

Home-visiting programs offer a mechanism for ensuring that at-risk families have social support, linkage with public and private community services, and ongoing health, developmental, and safety education. When these services are part of a system of high-quality well-child care linked or integrated with the pediatric medical home, they have the potential to mitigate health and developmental outcome disparities.

What is Healthy Families America?

- A nationally-recognized, voluntary service that connects overburdened expectant parents and parents of newborns with free child development assistance in their homes.
- Well-respected, extensively-trained intake staff and home visitors who provide valuable guidance, information, and support to help parents be the best parents they can be.
- A home visiting service that promotes optimal long-term mental and physical health of parents and their children.

What services are provided?

All expectant parents and parents of newborns have common questions about their child's development. A new baby can be both a welcome addition and a stressful time for a family. Healthy Families America staff can assist parents in finding solutions to their questions on how to:

- Connect with primary care provider or medical home
- Understand and monitor their child's development
- Strengthen parent-child bonds
- Reduce stress or social isolation
- Gain access to community resources



Nebraska Panhandle

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Public Health District

Scotts Bluff County
Health Department

We all wish children came with a manual...



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Nebraska Panhandle

Provider Brochure